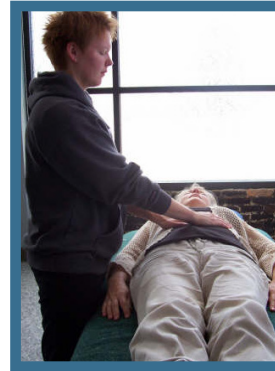
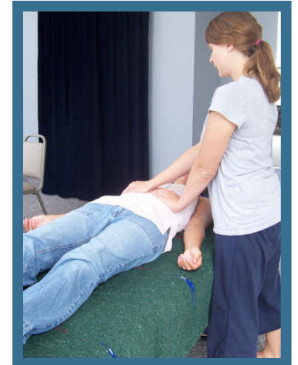
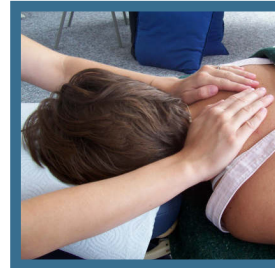


reiki

Reiki works with the unseen energy that flows through all living things and directly affects quality of health. It is an ancient hands-on healing that allows a person to come into a calmer state of mind thus affecting all areas of his or her health.

Facilitator Melanie Williams has been teaching Reiki classes since 1996 in the Mankato area. Her comfort with the material and her style of teaching creates a welcoming space for all her students.



Reiki I ■ 2011 Classes

- March 11, 2011 (7:00–10:00 pm) & March 12, 2011 (9:30 am–1:30 pm) **OR**
- Sept. 23, 2011 (7:00–10:00 pm) & Sept. 24, 2011 (9:30 am–1:30 pm) **OR**

Intention: Introduce students to their ability to work with healing energy. ANYONE can learn to work with healing energy.

Location: Sun Moon Yoga Studio, Mankato, MN

Cost: \$165

Reiki II ■ 2011 Classes

- April 8, 2011 (7:00–10:00 pm) & April 9, 2011 (10:00 am–2:00 pm) **OR**
- Oct. 21, 2011 (7:00–10:00 pm) & Oct. 22, 2011 (10:00 am–2:00 pm) **OR**

Intention: Students deepen their experience and knowledge of Reiki

Location: Sun Moon Yoga Studio, Mankato, MN

Cost: \$195

Reiki III ■ 2011 Classes

- Nov. 12, 2011 (6:00–9:00 pm) & Nov. 13, 2011 (10:00 am–2:00 pm) **OR**
- Nov. 18, 2011 (6:00–9:00 pm) & Nov. 19, 2011 (10:00 am–2:00 pm) **OR**

Intention: Continue to deepen your Reiki skills

Location: My home in Mankato, MN

Cost: \$275

Reiki is...

- Similar to Healing Touch therapies used in hospitals throughout the country
- Easy to learn
- A great way to take care of yourself
- A unique experience... take a Reiki class with a friend or family member

Usui or Karuna Reiki Master classes also available by request.

More information at melaniejwilliams.com

sun
moonyoga

Checks are payable to Melanie Williams,
Usui and Karuna Reiki Master Teacher
Sun Moon Yoga, 635 S. Front St. Mankato, MN