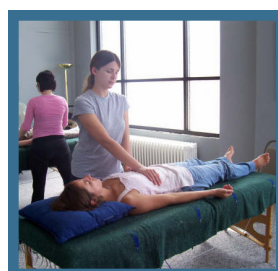
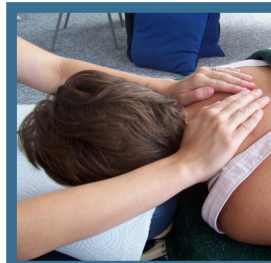


reiki

Reiki works with the unseen energy that flows through all living things and directly affects quality of health. It is an ancient hands on healing that allows a person to come into a calmer state of mind thus affecting all areas of his or her health.

Facilitator Melanie Williams has been teaching Reiki classes since 1996 in the Mankato area. Her comfort with the material and her style of teaching creates a welcoming space for all her students.



Reiki I ■ 2010 Classes

- Jan. 15th (7:00–10:00 pm) and 16th (10:00 am–2:00 pm) **OR**
- April 9th (7:00–10:00 pm) and 10th (10:00 am–2:00 pm) **OR**
- Sept. 24th (7:00–10:00 pm) and 25th (10:00 am–2:00 pm)

Location: Sun Moon Yoga Studio

Cost: \$145

Reiki II ■ 2010 Classes

- March 12th (7:00–10:00 pm) and 13th (10:00 am–2:00 pm) **OR**
- May 7th (7:00–10:00 pm) and 8th (10:00 am–2:00 pm) **OR**
- Oct. 23rd (7:00–10:00 pm) and 24th (10:00 am–2:00 pm)

Location: Sun Moon Yoga Studio

Cost: \$175

Reiki III ■ 2010 Classes

- June 18th (6:00–9:00 pm) and 19th (10:00 am–2:00 pm) **OR**
- November 12th (6:00–9:00 pm) and 13th (10:00 am–2:00 pm)

Location: Contact Melanie for details

Cost: \$275

Usui or Karuna Reiki Master classes also available by request. Contact me at mjwilliams85@hotmail.com

Reiki is...

- Similar to Healing Touch therapies used in hospitals throughout the country
- Easy to learn
- A great way to take care of yourself
- A unique experience... take a Reiki class with a friend or family member

sun
moonyoga

Checks are payable to Melanie Williams,
Usui and Karuna Reiki Master Teacher
Sun Moon Yoga, 635 S. Front St. Mankato, MN